



“THE COLORS OF FREEDOM”

An Exhibition of Artists on the Inside

“When Tuesday comes I can’t wait to be called for art class! I forget about everything. For an hour and half I don’t think about my environment, it transports me to a different dimension where only my masterpiece matters. It helps us find a positive reason to get up every morning looking forward to something positive.” - L.E.

Each week we set up tables in the chapel, unpack our bins of colorful materials, and transform the meeting space into an art studio. Art & Wellness, a partnership between Parrish Art Museum and New Hour for Women and Children, allows Members on the Inside to explore the transformative power of art. A group of eight to fifteen women sign up to participate, some attending for a session or two as they transition in and out of incarceration. Many are devoted regulars eagerly waiting with ideas they’ve been thinking about all week.

The women have the opportunity to explore different media and techniques including collage, colored pencil, printmaking, and painting. Themes, prompts, and the artworks of notable women artists are introduced as inspiration, and they are encouraged to develop their own voice. Some projects are more introspective and expressive, some playful or meditative. Holidays and seasons are celebrated and gifts are made to send home to their families. It is their time - a time to connect, to socialize and to get lost in the creative process.

Here is a selection of some of their favorite artworks from 2024 – 2025. Thank you for giving them your time.

- Andrea Cote, Teaching Artist

“Freedom” Artwork by A.A. & A.N.



A.N.



A.A.



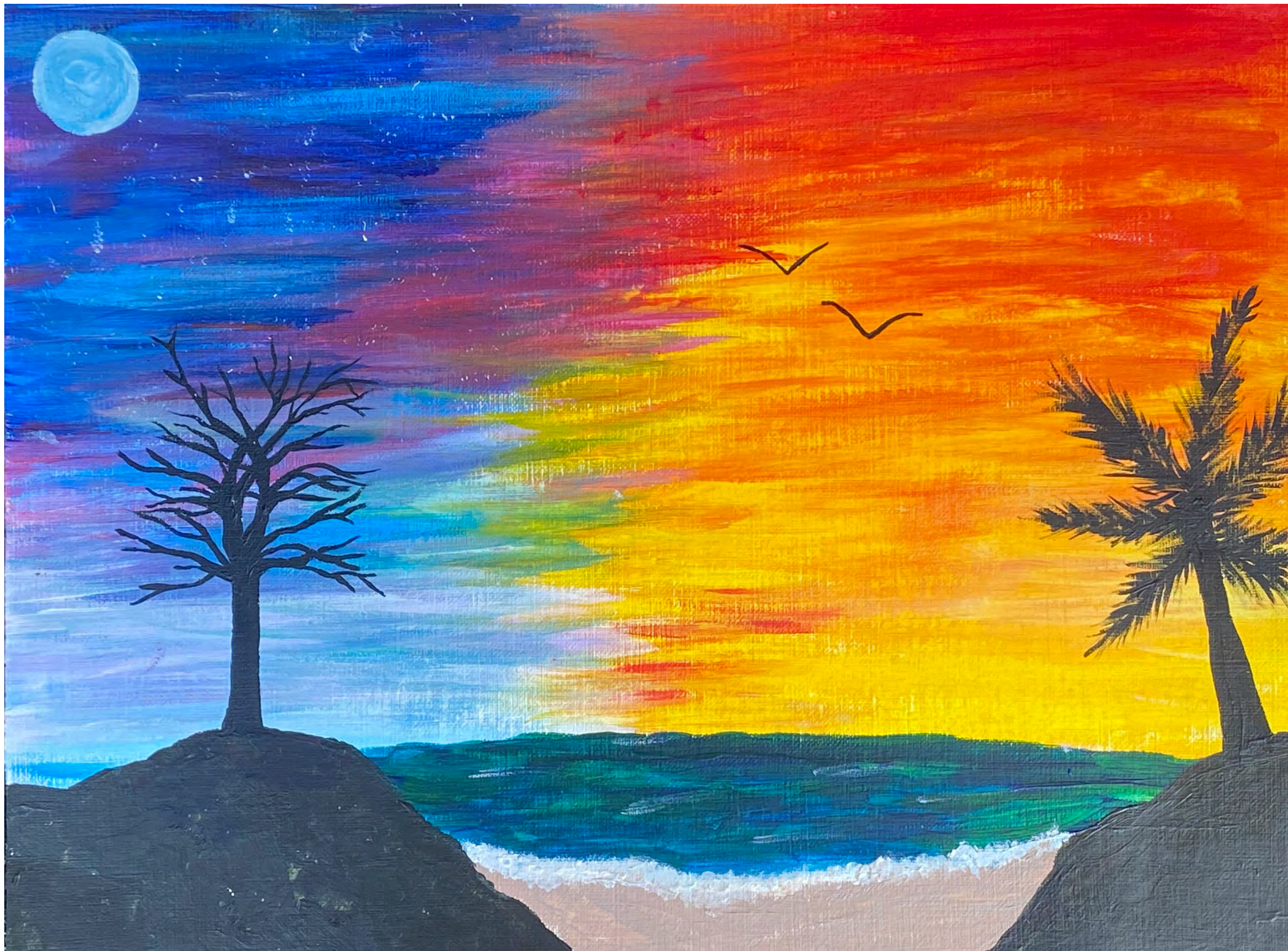
C.P.



J.M.



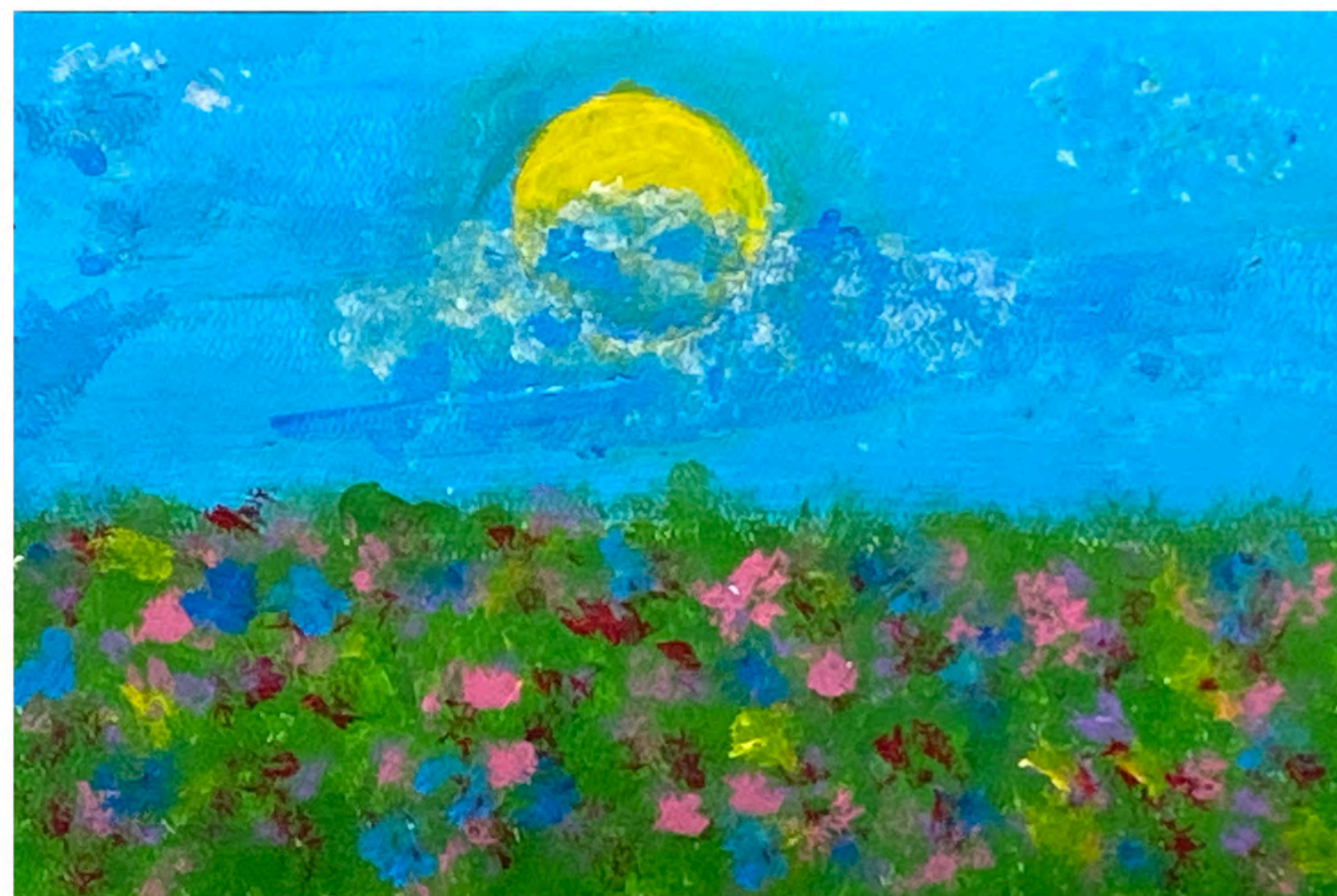
K.C.



T.J.



L.V.



B.G.



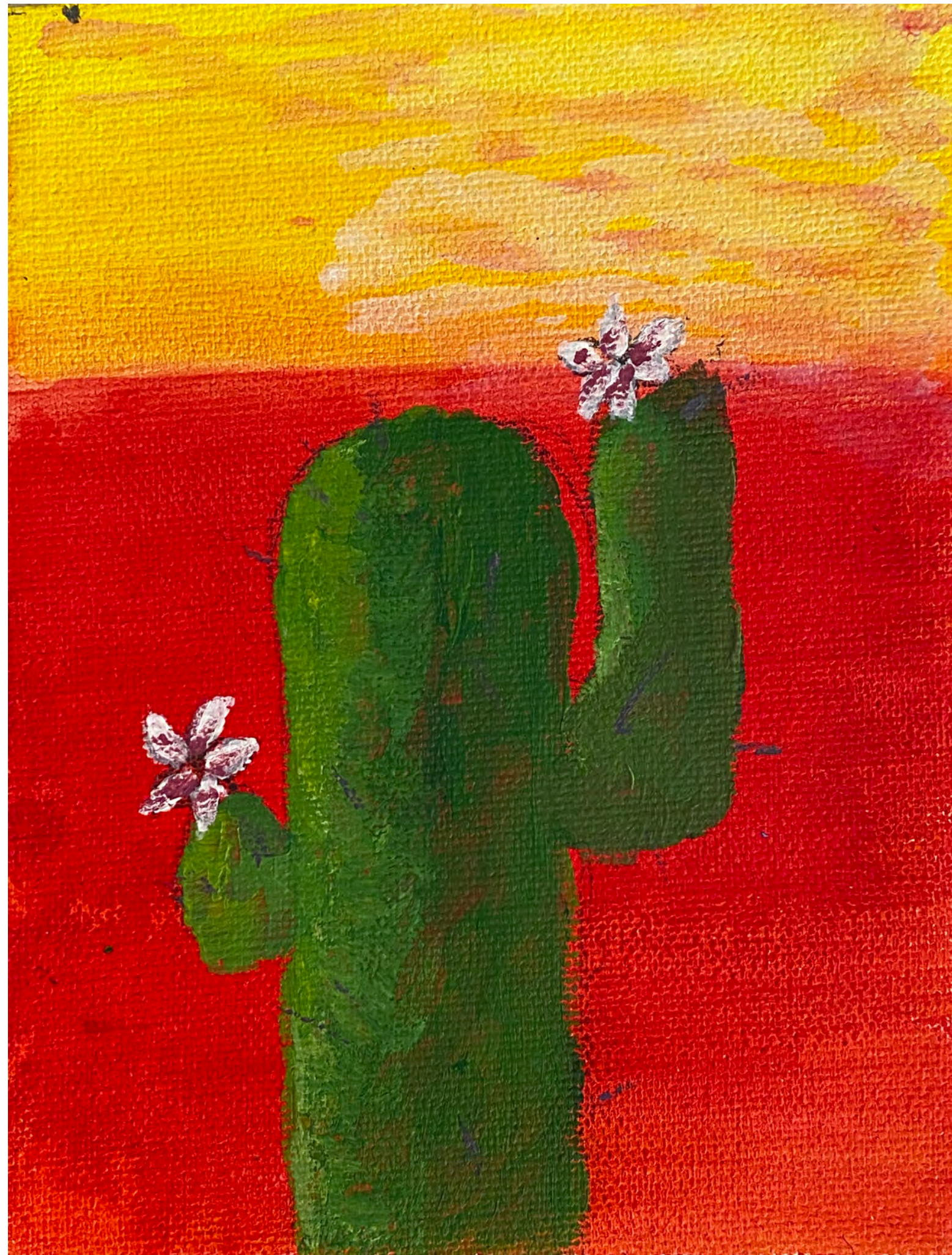
K.W



T.D.C.



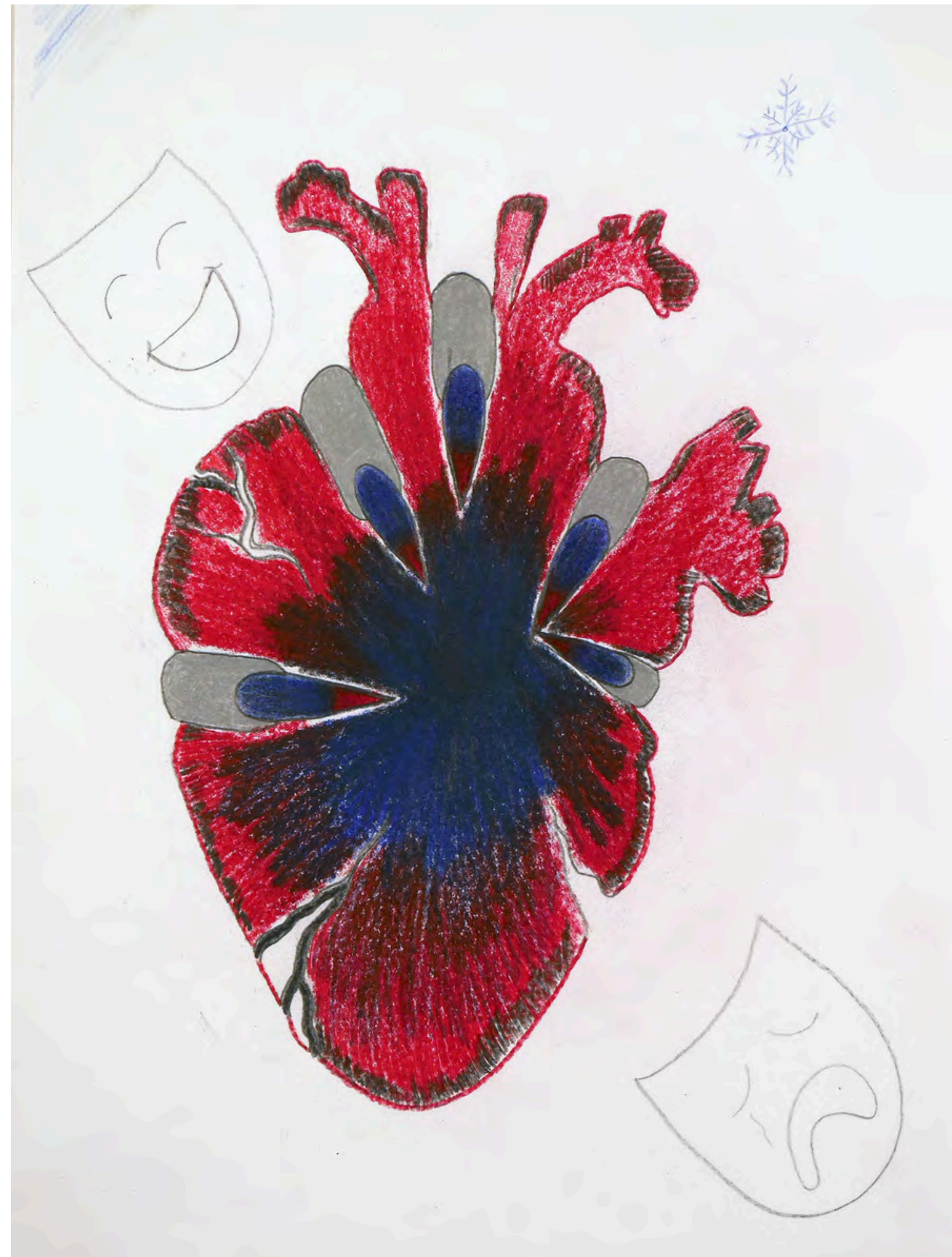
Y.W.



P.M.



C.C.



L.E.





T.K.



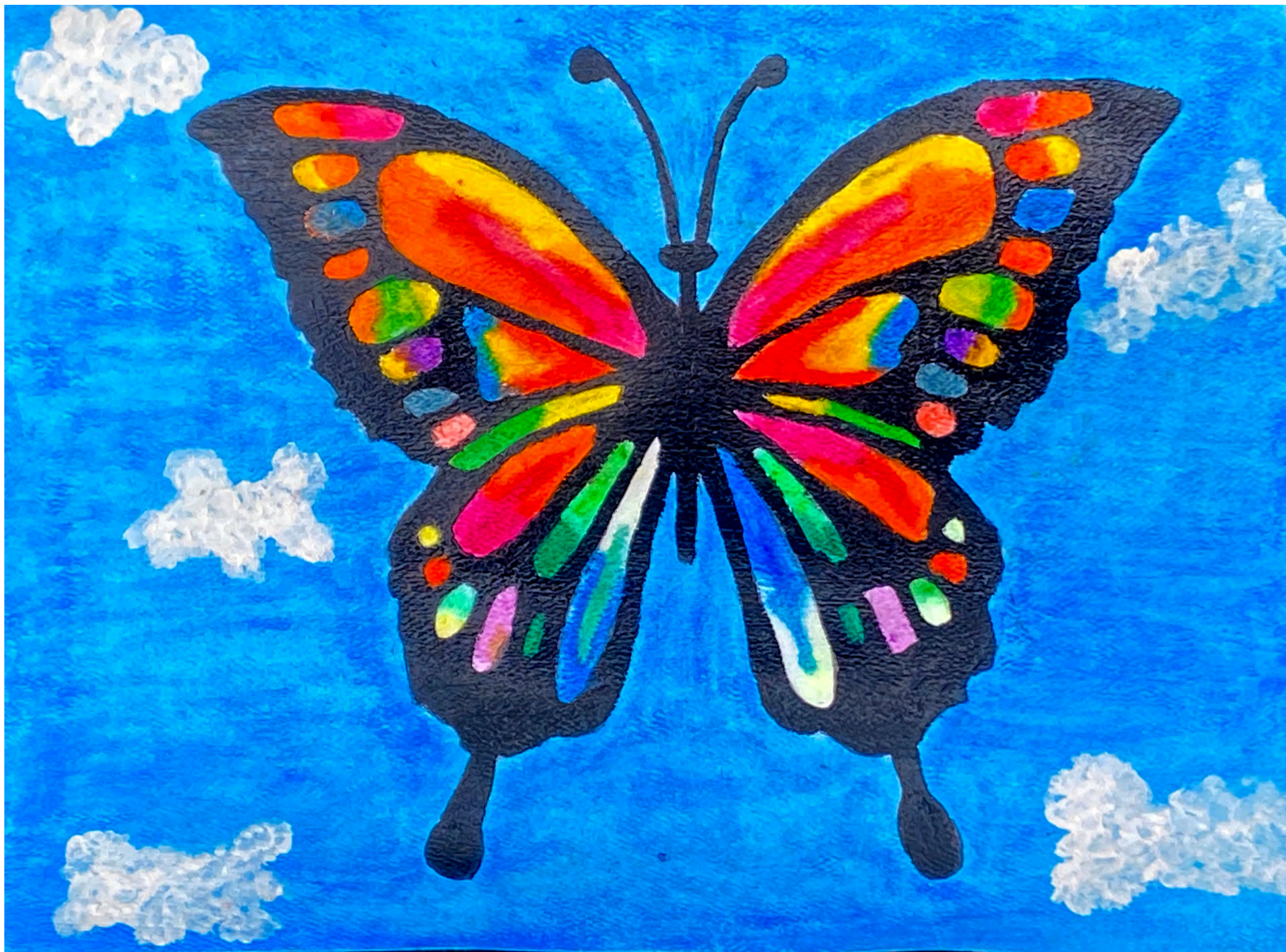
A.G.

Move on but Hold on to Beauty & truth
Darkness has no chance of defining you.



PRESENTED BY
BELIEVE IN TIME
Produced by

V.O.



S.R.



D.S.

A collaboration between **Parrish Art Museum** and **New Hour for Women and Children**, the Art & Wellness program is offered to incarcerated women at the Suffolk County-Riverhead Corrections Facility. New Hour empowers justice impacted women and their families through programs, advocacy and support through re-entry and beyond. **Access Parrish** offers dynamic programs with museum resources designed to engage and welcome visitors and participants with special needs.

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